



GOLDEN PHOENIX  
ACUPUNCTURE  
& WELLNESS

6161 Dr MLK Jr St N, Suite 100, St. Petersburg, FL 33703

**Extended Intake Form**

**Lifestyle:**

- Alcohol # per day: \_\_\_\_\_
- Stress
- Tobacco # per day: \_\_\_\_\_
- Drugs
- Regular Exercise, Type: \_\_\_\_\_ Frequency: \_\_\_\_\_
- Meditation, Frequency: \_\_\_\_\_
- Occupational Hazards: \_\_\_\_\_
- Dietary Restrictions (vegan, kosher, shellfish allergy): \_\_\_\_\_

**Your Health History** (Check any of the following conditions you currently have or have had in the past):

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Adverse reaction to<br>medical treatment | <input type="checkbox"/> Heart disease           | <input type="checkbox"/> Sciatica             |
| <input type="checkbox"/> Alcoholism                               | <input type="checkbox"/> Hepatitis/liver disease | <input type="checkbox"/> Scoliosis            |
| <input type="checkbox"/> Appendicitis                             | <input type="checkbox"/> Herpes                  | <input type="checkbox"/> Scarlet fever        |
| <input type="checkbox"/> Arteriosclerosis                         | <input type="checkbox"/> HIV/AIDS                | <input type="checkbox"/> Seizures/epilepsy    |
| <input type="checkbox"/> Arthritis or rheumatism                  | <input type="checkbox"/> Immune disorder         | <input type="checkbox"/> Sinus infection      |
| <input type="checkbox"/> Attempted suicide                        | <input type="checkbox"/> Joint replacement       | <input type="checkbox"/> Skin disease         |
| <input type="checkbox"/> Birth trauma (your own birth)            | <input type="checkbox"/> Kidney disorder         | <input type="checkbox"/> Stroke               |
| <input type="checkbox"/> Bleeding disorder                        | <input type="checkbox"/> Lyme disease            | <input type="checkbox"/> Substance abuse      |
| <input type="checkbox"/> Cancer or tumor                          | <input type="checkbox"/> Lymph nodes removed     | <input type="checkbox"/> Thyroid disorders    |
| <input type="checkbox"/> Chicken pox                              | <input type="checkbox"/> Measles                 | <input type="checkbox"/> Tuberculosis         |
| <input type="checkbox"/> Diabetes                                 | <input type="checkbox"/> Mental disorder         | <input type="checkbox"/> Ulcers               |
| <input type="checkbox"/> Eating disorder                          | <input type="checkbox"/> Multiple sclerosis      | <input type="checkbox"/> Venereal disease/STD |
| <input type="checkbox"/> Emphysema                                | <input type="checkbox"/> Mumps                   | <input type="checkbox"/> Whooping cough       |
| <input type="checkbox"/> Goiter                                   | <input type="checkbox"/> Pacemaker               | <input type="checkbox"/> Other _____          |
| <input type="checkbox"/> Gout                                     | <input type="checkbox"/> Polio                   | _____   |
|   | <input type="checkbox"/> Rheumatic fever         | _____   |

**Musculoskeletal** (Please check all that apply):

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Neck/Shoulder Pain | <input type="checkbox"/> Low Back Pain | <input type="checkbox"/> Limited Range of Motion |
| <input type="checkbox"/> Muscle Pain        | <input type="checkbox"/> Joint Pain    | <input type="checkbox"/> Muscle Spasm            |
| <input type="checkbox"/> Upper Back Pain    | <input type="checkbox"/> Rib Pain      | <input type="checkbox"/> Other _____             |

**Men Only:**

- Testicle pain
- Penis pain
- Penis sores
- Discharge
- Premature ejaculation
- Nocturnal emission
- Impotence
- Other: \_\_\_\_\_

**Women Only** (Gynecology):

Are you pregnant?  Yes  No  
Trying to get pregnant?  Yes  No  
Age at menarche \_\_\_\_\_  
Age at menopause \_\_\_\_\_  
Length of cycle (day 1 to day 1): \_\_\_\_\_  
Duration of flow: \_\_\_\_\_  
Date last period began: \_\_\_\_\_  
# of Pregnancies \_\_\_\_\_

# of Live Births \_\_\_\_\_  
Abortions \_\_\_\_\_  
 Irregular periods  
 Painful periods  
 PMS  
 Clots  
 Vaginal odor  
 Vaginal sores

**Medications, Herbs, Supplements** (List those you are currently taking):

Name \_\_\_\_\_ Reason \_\_\_\_\_ How long \_\_\_\_\_  
Name \_\_\_\_\_ Reason \_\_\_\_\_ How long \_\_\_\_\_  
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Name \_\_\_\_\_ Reason \_\_\_\_\_ How long \_\_\_\_\_

**Family Health History** (List any significant family physical or mental illnesses):

\_\_\_\_\_  
\_\_\_\_\_

**Surgeries** (type/year):

\_\_\_\_\_  
\_\_\_\_\_

**Traumatic Experiences** (incident/year) - please indicate approximate dates and *briefly* describe the nature of any you have had (e.g. divorce, injury, family death, bankruptcy, etc.):

\_\_\_\_\_  
\_\_\_\_\_

**Under 18 - Responsible Party Information**

Name: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_

***I agree that the information on this intake is true. It is my responsibility to inform the Practitioners with Golden Phoenix Acupuncture at any point of my course of treatments if any information has changed.***

Signature of Patient: \_\_\_\_\_ Date: \_\_\_\_\_